

# Shock Absorbing Lanyards

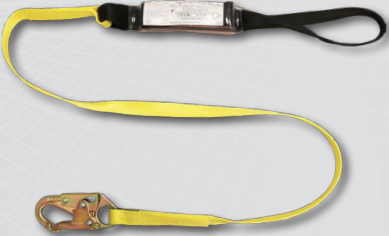
## Web Pack-Style Single Leg Shock Absorbing lanyard

This web lanyard with pack style shock absorber limits fall arrest forces to 900 lbs. when tested to OSHA & ANSI standards.

- ♥ 1" synthetic webbing with shock pack
- ♥ Standard length 6', additional lengths available
- ♥ Additional snaphook options available, see pages 66-71



♦♦450A  
#Z74 locking snaphooks at each end  
Pack style shock absorber



355A  
#Z74 locking snaphook at one end,  
loop on the shock pack end to choke to harness.  
Pack style shock absorber



♦♦490A  
Heavy duty 1 3/4" synthetic webbing,  
#Z74 locking snaphooks each end  
Pack style shock absorber

Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	♦♦450A	450A-62A	452A	457A-135A	454A

# Shock Absorbing Lanyards

## Adjustable Web Pack-Style Shock Absorbing lanyard

This adjustable web lanyard with pack style shock absorber limits fall arrest forces to 900 lbs. when tested to OSHA & ANSI standards.

- ♥ 1" synthetic webbing with shock pack
- ♥ Adjustable lanyards ordered by longest length
- ♥ Adjust down to approximately half the length
- ♥ Standard length 6', additional lengths available
- ♥ Additional snaphook options available, see pages 66-71



450AB  
#Z74 locking snaphooks on each end  
Pack style shock absorber  
Adjustable length



452AB  
#Z74 locking snaphook on one end  
#69 snaphook (1 3/4" opening) other end  
Pack style shock absorber  
Adjustable length



454AB  
#Z74 locking snaphook on one end  
#Z136 snaphook (2 1/2" opening) other end  
Pack style shock absorber  
Adjustable length

Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	450AB	450AB-62A	452AB	457AB-135A	454AB

# Shock Absorbing Lanyards

## Elastic Pack Style Shock Absorbing lanyard

This tubular-elastic web lanyard with the shock absorbing pack limits fall arrest forces to 900 lbs. when tested to OSHA and ANSI standards.

- ♥ 1 3/16" synthetic webbing with shock pack
- ♥ Stretches to minimize tripping and snagging hazards
- ♥ Standard length 6', additional lengths available
- ♥ Standard 6' length relaxes to 4.5' when not stretched
- ♥ Additional snaphook options available, see pages 66-71



♦♦ 450AS  
#Z74 locking snaphooks on each end  
Pack style shock absorber with elastic stretch



452AS  
#Z74 locking snaphook one end  
#69 snaphook ( 1 3/4" opening) other end  
Pack style shock absorber with elastic stretch



454AS  
#Z74 locking snaphook one end  
#Z136 snap (2 1/2" opening) other end  
Pack style shock absorber with elastic stretch

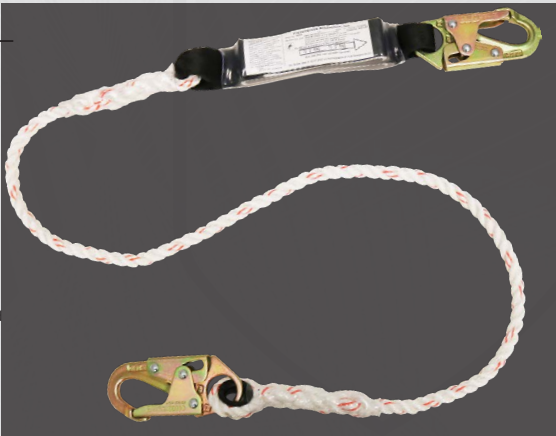
Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	♦♦ 450AS	450AS-62A	452AS	457AS-135A	454AS

# Shock Absorbing Lanyards

## Rope Pack-Style Single leg Shock Absorbing lanyard

This polyblend rope lanyard with shock absorbing pack limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- ♥ 1/2" diameter, three strand polyblend rope
- ♥ Length of 30" and longer are available
- ♥ Additional snaphook options available, see pages 66-71



400A  
#Z74 locking snaphooks at each end  
Pack style absorber



400AB  
#Z74 locking snaphooks at each end  
Adjustable length  
Pack style shock absorber



404A  
#Z74 locking snaphook one end  
#Z136 snaphook (2 1/2" opening) other end  
Pack style shock absorber

Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	400A	400A-62A	402A	407A-135A	404A



# Shock Absorbing Lanyards

## Wire Rope Pack-Style Shock Absorbing lanyard

This wire rope lanyard with shock absorbing pack limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- ♥ 7/32" vinyl covered wire rope
- ♥ Standard length 6', additional lengths available
- ♥ Additional snaphook options available, see pages 66-71

**470A**  
#Z74 locking snaphooks on each end  
Pack style shock absorber



**470AK**  
Heat resistant Kevlar® shock pack  
#Z74 locking snaphooks at each end  
Pack style shock absorber

**474A**  
#Z74 locking snaphook one end  
#Z136 snaphook (2 1/2" opening) other end  
Pack style shock absorber

Lanyard Leg Snaphook Options					
Snaphook Options	Z74	62A	69	135A	Z136
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	470A	470A-62A	472A	477A-135A	474A

# Shock Absorbing Lanyards

## Tubular Shock Absorbing lanyard

This synthetic webbing lanyard with shock absorbing core limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- ♥ 1 - 3/16" tubular synthetic webbing
- ♥ Standard length 6', additional lengths available
- ♥ Additional snaphook options available, see pages 66-71

♦♦ **460A**  
#Z74 locking snaphooks on each end



**462A**  
#Z74 locking snaphook on one end  
#69 snaphook (1 3/4" opening) other end

**464A**  
#Z74 locking snaphook one end  
#Z136 snaphook (2 1/2" opening) other end

Lanyard Leg Snaphook Options					
Snaphook Options	Z74	62A	69	135A	Z136
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	♦♦ 460A	460A-62A	462A	467A-135A	464A

# Shock Absorbing Lanyards

## Elastic Tubular Shock Absorbing lanyard

This tubular-elastic web lanyard with internal shock absorbing core limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- ♥ 2" tubular synthetic webbing
- ♥ Stretches to minimize tripping and snagging hazards
- ♥ Standard length 6' length only
- ♥ Standard 6' length relaxes to 4.5' when not stretched
- ♥ Additional snaphook options available, see pages 66-71



**460AS**  
#Z74 locking snaphooks at each end



**462AS**  
#Z74 locking snaphook one end  
#69 snaphook ( 1 3/4" opening) other end



**464AS**  
#Z74 locking snaphook one end  
#Z136 snaphook ( 2 1/2" opening) other end

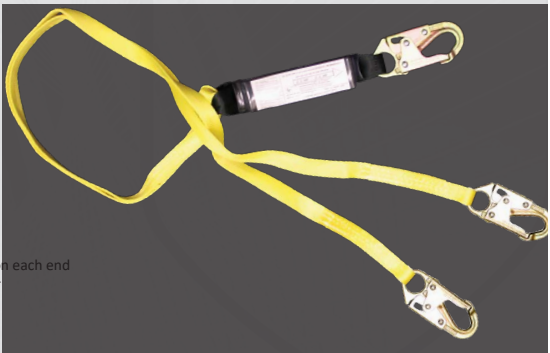
Lanyard Leg Snaphook Options					
Snaphook Options	Z74	62A	69	135A	Z136
	Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"
	Material	Steel	Aluminum	Steel	Aluminum
Model #	460AS	460AS-62A	462AS	467AS-135A	464AS

# Shock Absorbing Lanyards 100% Tie-Off

## Dual Leg Web Pack-Style Shock Absorbing lanyard

This Dual-Leg Web Lanyard with pack style shock absorber limits fall arrest forces to 900 lbs. when tested to OSHA & ANSI standards.

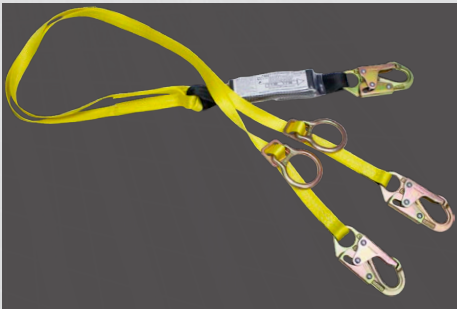
- ♥ 1" synthetic webbing with shock pack
- ♥ Standard length 6', additional lengths available
- ♥ Additional snaphook options available, see pages 66-71



♦♦ **440AZ**  
#Z74 locking snaphooks on each end  
Pack style shock absorber



♦♦ **444A**  
#Z74 locking snaphook one end  
#Z136 snaphooks (2 1/2" opening) other two ends  
Pack style shock absorber



**440ADD**  
#Z74 locking snaphooks on each end  
Sliding D-Rings on each leg for tying back to lanyard  
Pack style shock absorber

Lanyard Leg Snaphook Options					
Snaphook Options	Z74	62A	69	135A	Z136
	Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"
	Material	Steel	Aluminum	Steel	Aluminum
Model #	♦♦ 440AZ	440A-62A	442A	447A-135A	♦♦ 444A



# Shock Absorbing Lanyards 100% Tie-Off

## Adjustable Dual Leg Web Pack-Style Shock Absorbing lanyard

This adjustable Dual-Leg Web Lanyard with pack style shock absorber limits fall arrest forces to 900 lbs. when tested to OSHA & ANSI standards.

- ♥ 1" synthetic webbing with shock pack
- ♥ Adjustable lanyards ordered by longest length
- ♥ Adjust down to approximately 2/3 of the length
- ♥ Standard length 6', additional lengths available
- ♥ Additional snaphooks options available, see pages 66-71



**440AB**  
#Z74 locking snaphooks on each end  
Pack style shock absorber  
Adjustable length



**442AB**  
#Z74 locking snaphook one end  
#69 snaphooks (1 3/4" opening) other two ends  
Pack style shock absorber  
Adjustable length



**444AB**  
#Z74 locking snaphook one end  
#Z136 snaphooks (2 1/2" opening) other two ends  
Pack style shock absorber  
Adjustable length

Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	440AB	440AB-62A	442AB	447AB-135A	464AB

# Shock Absorbing Lanyards 100% Tie-Off

## Dual Leg Elastic Pack-Style Shock Absorbing lanyard

This dual-leg tubular-elastic web lanyard with shock absorbing pack limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- ♥ 1 3/16" synthetic webbing with shock pack
- ♥ Stretches to minimize tripping and snagging hazards
- ♥ Standard length 6', additional lengths available
- ♥ Standard 6' length relaxes to 4.5' when not stretched
- ♥ Additional snaphooks options available, see pages 66-71



♦♦ **440AS**  
#Z74 locking snaphooks on each end  
Pack style shock absorber with elastic stretch



**447AS-135A**  
#Z74 locking snaphook one end  
#135A aluminum snaphooks (2 1/2" opening) other two ends  
Pack style shock absorber with elastic stretch



♦♦ **444ASZ**  
#Z74 locking snaphook one end  
#Z136 snaphooks (2 1/2" opening) other two ends  
Pack style shock absorber with elastic stretch

Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	♦♦ 440ASZ	440AS-62A	442AS	447AS-135A	♦♦ 444ASZ

# Shock Absorbing Lanyards 100% Tie-Off

## Dual Leg Rope Pack-Style Shock Absorbing Lanyard

This dual-leg polyblend rope lanyard with shock absorbing pack limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- 1/2" diameter, three strand polyblend rope
- Available lengths 4' to 6'
- Additional snaphook options available, see pages 66-71



**430A**  
#Z74 locking snaphooks on every end  
Pack style shock absorber



**432A**  
#Z74 locking snaphook one end  
#69 snaphooks (1 3/4" opening) other two ends  
Pack style shock absorber



**434A**  
#Z74 locking snaphook one end  
#Z136 snaphooks (2 1/2" opening) other two ends  
Pack style shock absorber

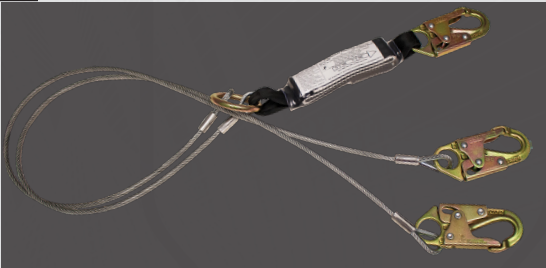
Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	430A	430A-62A	432A	437A-135A	434A

# Shock Absorbing Lanyards 100% Tie-Off

## Dual Leg Wire Rope Pack-Style Shock Absorbing Lanyard

This dual-leg wire rope lanyard with shock absorbing pack limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards

- 7/32" vinyl covered wire rope
- Standard length 6', additional lengths available
- Additional snaphook options available, see pages 66-71



**480A**  
#Z74 locking snaphook on every end  
Pack style shock absorber



**482A**  
#Z74 locking snaphook one end  
#69 snaphooks (1 3/4" opening) other two ends  
Pack style shock absorber



**484A**  
#Z74 locking snaphook one end  
#Z136 snaphooks (2 1/2" opening) other two ends  
Pack style shock absorber

Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	480A	480A-62A	482A	487A-135A	484A

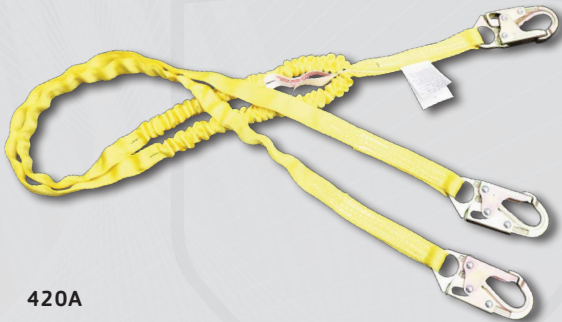


# Shock Absorbing Lanyards 100% Tie-Off

## Dual Leg Tubular Shock Absorbing Lanyard

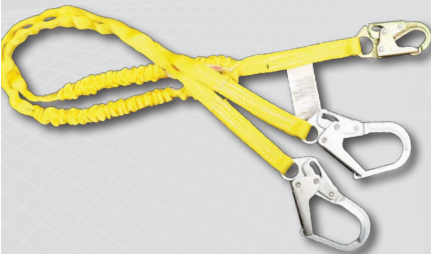
This Dual Leg Tubular-Elastic Web Lanyard with internal shock absorbing core limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- ♥ 1 3/16" tubular synthetic webbing
- ♥ Standard length 6' length only
- ♥ Additional snaphook options available, see pages 66-71



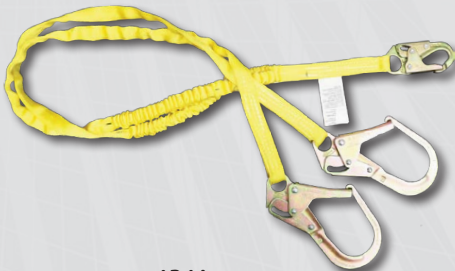
**420A**

#Z74 locking snaphooks on every end  
Internal shock absorbing core



**422A**

#Z74 locking snaphook one end  
#69 snaphooks (1 3/4" opening) other two ends  
Internal shock absorbing core



**424A**

#Z74 locking snaphook one end  
#Z136 snaphooks (2 1/2" opening) other two ends  
Internal shock absorbing core

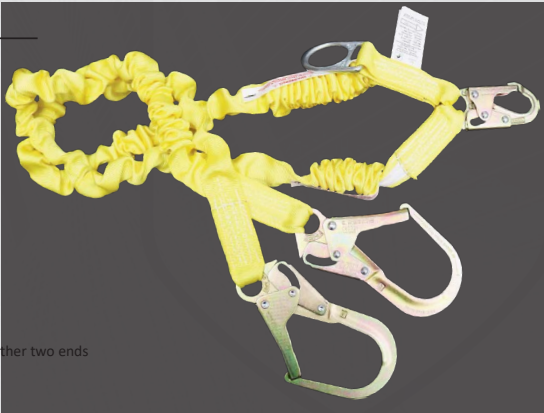
Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	420A	420A-62A	422A	427A-135A	424A

# Shock Absorbing Lanyards 100% Tie-Off

## Dual Leg Elastic Tubular Shock Absorbing Lanyard

This Dual-Leg Tubular-Elastic Web Lanyard with internal shock absorbing core limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- ♥ 1 15/16" tubular synthetic webbing
- ♥ Stretches to minimize tripping and snagging hazards
- ♥ Standard length 6', additional lengths available
- ♥ Standard 6' length relaxes to 4.5' when not stretched
- ♥ Additional snaphook options available, see pages 66-71



**424AS-EXT**

D-Ring for additional connections  
#Z74 locking snaphook one end  
#Z136 snaphooks (2 1/2" opening) other two ends  
Internal shock absorbing core



**424AS-135A**

#Z74 locking snaphook one end  
#135A aluminum snaphooks (2 1/2" opening) other two ends  
Internal shock absorbing core



**420AS**

#Z74 locking snaphooks on every end  
Internal shock absorbing core

Lanyard Leg Snaphook Options					
Snaphook Options					
Gate	3,600 lb., 3/4"	3,600 lb., 2"	3,600 lb., 1 3/4"	3,600 lb., 2 1/2"	3,600 lb., 2 1/2"
Material	Steel	Aluminum	Steel	Aluminum	Steel
Model #	420AS	420AS-62A	422AS	427AS-135A	444ASZ

# Shock Absorbing Lanyards 100% Tie-Off

## Tie-back, Lanyard & Anchor all in one Shock Absorbing Lanyard

The 'Anchor' synthetic web lanyard with shock absorbing pack can be used as a tie-back anchor and limits fall arrest forces to 900 lbs. When tested to OSHA and ANSI standards.

- ♥ 1 3/8" tubular synthetic webbing
- ♥ Standard length 6', additional lengths available
- ♥ Color coded wear indicator
- ♥ Additional snaphook options available, see pages 66-71



### 456AW

#Z74 locking snaphook one end  
#63 (3/4" opening) auto locking snaphooks other ends  
Pack style shock absorber



### 456AW-EXT

#Z74 locking snaphook one end  
#63 (3/4" opening) auto locking snaphook other end  
Pack style shock absorber  
D-Ring for additional connections



### ♦♦ 446AW

Dual leg (100% tie off)  
#Z74 locking snaphook one end  
#63 (3/4" opening) auto locking snaphook other end  
Pack style shock absorber

# Positioning Lanyards

## Restraint Lanyards: Rope, Wire Rope, & Web For Positioning Only

Positioning lanyards should only be used in conjunction with a back-up fall arrest device.

- ♥ Standard length 6', additional lengths available
- ♥ Additional snaphook options available, see pages 66-71



### 404

6' polyblend rope lanyard  
#Z74 locking snaphook at one end  
#Z136 snaphook (2 1/2" opening) other end



### 400

6' polyblend rope lanyard  
#Z74 locking snaphooks at each end



### 470

7/32 vinyl coated 6' wire rope lanyard  
#Z74 locking snaphooks at each end



### 450B

6' synthetic web lanyard  
#Z74 locking snaphooks at each end  
Adjustable length



# Rebar Assemblies

## Positioning & Restraint Rebar Assemblies

These positioning and restraining lanyards are used to limit free fall distances to 2' or less. FrenchCreek can customize any assembly to your specific job applications. Please inquire.

- ♥ Quickly connect to rebar and structures
- ♥ Chain or webbing
- ♥ Non-swivel or swivel



- ♦ **324-C**  
Chain Positioning assembly, 12 links  
#Z136 (2 1/2" opening) snaphook  
Two #Z74 (3/4" opening) locking snaphooks



- ♦ **324-CSZ**  
Chain Positioning assembly, 12 links  
#Z136 (2 1/2" opening) snaphook  
Swivel  
Two #Z74 (3/4" opening) locking snaphooks



- 324-WS**  
Web Positioning Assembly  
#Z136 (2 1/2" opening) snaphook  
Swivel  
Two #Z74 (3/4" opening) locking snaphooks



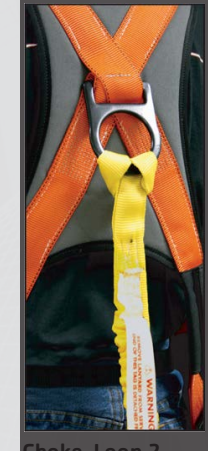
# Lanyard Options & Accessories

## Customize & Optimize Your lanyard Lanyard Options & Accessories

FrenchCreek offers many options when ordering lanyards; from custom lengths to a wide variety of snaphooks. We also offer the following options/accessories to keep you safe, give you peace of mind, and facilitate all of your on-the-job duties!



**Choke-Loop 1**  
Pack-style shock absorber  
Looped End



**Choke-Loop 2**  
Internal shock absorber  
Looped end



**353**  
Pack-style shock absorber  
D-Ring one end  
#Z74 locking snaphook other end

### EXT

Additional D-Ring added to lanyard  
Provides secondary in-line attachment point



### 346AS-EXT

Pack-style shock absorber  
Choke loop  
D-Ring extension one end  
#63 (3/4" opening) snaphooks each end